THE COSTS OF BEREAVEMENT: is your service fit for purpose?

Leeds Trinity University

Association of Bereavement Service Coordinators

1st & 2nd July 2014

Early Bird booking:
Members: £220  Non Members: £270
Must be booked before 1st May 2014 to qualify
(Includes overnight en suite accommodation (1st July),
conference dinner, refreshments and Wi-Fi)

Bookings made after 1st May 2014
Members: £250  Non Members: £300
(*Additional overnight University accommodation: £35.00, includes free Wi-Fi)

www.absco.org.uk to book your place now.
ABSCo members are becoming increasingly aware of the “total cost” of bereavement, beyond the emotional and psychological, within a changing external environment.

This conference will explore some of the socio-economic costs of bereavement and think broadly and creatively about the range of support our services offer.

We invite members to attend with this question in mind: Is your service fit for purpose?

Conference chair: Gillian Clark, St Joseph’s Hospice, Hackney.

PROGRAMME

DAY ONE Tuesday 1st July
9:00-10:30 Registration / coffee
10:30 Welcome from ABSCo Chair
10:35 Welcome from Conference Chair; Housekeeping
10:45 Plenary 1: “Twenty-five years on – the role of palliative care bereavement services in a changing world”
Dr Marilyn Relf, Bereavement Care Lead, Sir Michael Sobell House, Oxford. Are needs and expectations of bereaved people changing? What do funders and commissioners want from us? What is ‘our business’ now? This plenary will consider the role of palliative care bereavement services today and suggest ways of meeting new challenges.
11:30 Coffee
12:00 Plenary 2: “Affording bereavement care: the costs of providing – or not providing – grief support”
Alison Penny, Coordinator, Childhood Bereavement Network and National Bereavement Alliance. What are the costs of providing bereavement care, and how are these met through current national and local policies? This plenary considers the impact of the recommendations of the Palliative Care Funding Review on bereavement support, and alternatives for commissioning and funding services. It will also look at the cost savings generated by high quality bereavement care – and how services can make the case for the economic benefits they bring.
12:45 Lunch
13:45 Workshops (choice of 4)
15:00 Tea
15:30 Plenary 3: “Economic experience as a component of grief and bereavement”
Anne Corden, Senior Research Fellow, Social Policy Research Unit, University of York. A death in the household very often means significant changes in income sources and levels. This presentation suggests that the economic impacts of death are integral to the experience of bereavement. Loss of the ‘economic personhood’ of the person who has died, and dealing with the economic adjustments which must be made have both immediate and long term emotional and psychological impacts. Offering a holistic approach in supporting a person to deal with a death requires addressing such issues as components of grief.
16:15 Ideas Exchange
17:00 Close
18:00 Bar open
19:15 ABSCo Conference Dinner
PROGRAMME
DAY TWO    Wednesday 2nd July
8:00-9:00   Breakfast
9:00   Signing in for Day Two
9:30  Feedback from AGM and consultation on draft 3 year strategy
10:30  Plenary 4: “Culture-specific costs of caring”
Jan Oyebode, Clinical Psychologist and Professor of Dementia Care
In the 21st century in the UK, a wide variety of cultures and religions exist side-by-side, associated with a range of different beliefs, attitudes and customs. When an individual experiences bereavement, these social, cultural and religious contexts of life come into play. They influence how we respond, how we feel we ought to respond and how others expect us to respond. Not only are there culture-specific consequences of bereavement but there are also costs that come from how we each fit with our own culture’s mores and expectations.
11:15  Coffee
11:45  Workshops: (Choice of 4 repeated)
1:00  Lunch
2:00  Ideas Exchange
2:45  Plenary 5: “Dimensions of Loss: using this holistic framework to understand the many costs and challenges of bereavement.”
Jan Fish, Bereavement Service Coordinator, St Christopher’s Hospice. The effects of bereavement sweep across a person’s life, changing so much.
 o  How do we understand the cost of bereavement?
 o  How can we help the bereaved to rise to the challenge of this multi-dimensional loss?
 o  And in a climate of financial restraint how we best offer bereavement support with limited resources?
3:30  Plenary 6: Reflection and Discussion
4:00  ASBCo Chair’s closing remarks: Evaluation
4:30  Close and Taxis

Booking:
Members: £220  Non Members: £270
This is an ‘Early Bird’ rate and must be booked and paid for before 1st May 2014 to qualify
This rate includes overnight en suite accommodation and conference dinner on 1st July, along with daily refreshments and fee Wi-Fi

PLEASE NOTE: Bookings made, or payment received after 1st May 2014 will be charged/invoiced at the STANDARD rate.  Members: £250  Non Members: £300
Please ensure your finance team is aware of the booking conditions for the Early Bird rates.

Additional Overnight accommodation may be booked direct with Leeds Trinity University at a cost of £35.00 pn.

Please book your place now via www.ABSCo.org.uk
Plenary 1: Dr Marilyn Relf, Bereavement Care Lead, Sir Michael Sobell House, Oxford

Marilyn has been involved in bereavement care since the mid-1980s. As well as setting up one of the first hospice services, she is also a founder Trustee of SeeSaw (for bereaved young people in Oxfordshire). She has been involved in a number of bereavement studies gaining her PhD for an evaluation of the effectiveness of bereavement support volunteers. Her writing includes the Guidance for Bereavement Needs Assessment in Palliative Care (with Linda Machin and Nikki Archer). She is an editor of the journal Bereavement Care and is a member of the International working Group on Death, Dying and Bereavement. She has led a number of educational projects and recently gained an award for partnership working for her work with care givers and with community groups. Currently she manages the Sobell House bereavement service, coordinates the Oxfordshire Bereavement Alliance and chairs a multi-disciplinary Care After Death working party for the Oxfordshire End of Life Care group.

Plenary 2: Alison Penny, Coordinator, Childhood Bereavement Network and National Bereavement Alliance

Alison is currently coordinating the National Bereavement Alliance. She is also Coordinator of the Childhood Bereavement Network (CBN), hosted by the National Children's Bureau. She has kept the sector updated with relevant policy and research developments, and helped the field to develop consensus on key policy and practice topics, leading to gains in national policy in bereaved children's interests. Alison has a particular interest in supporting services to demonstrate the effectiveness of their work, and is currently developing a national outcome tool for the child bereavement sector: work she is also taking forward as a PhD. Before joining the bereavement sector, Alison worked with the children and families of prisoners, and with children with special educational needs. She has Masters degrees in the Sociology of Childhood and in Education and Social Research.

Plenary 3: Anne Corden, Senior Research Fellow, Social Policy Research Unit, University of York.

Anne spent worked as a social worker in Children's Services before moving to York, where she has spent most of her career in applied social research in the Social Policy Research Unit, University of York. Anne specialises in qualitative and methodological research, in the general areas of income maintenance and regulation, disability, employment and 'welfare'. Anne's recent work has included a study for the children's hospice movement; work funded by ESRC on economic implications of death of a partner, and a study of the socio-economic implications of bereavement for Scotland. She is currently interested in employers' bereavement policies.

Plenary 4: Jan Oyebode, Clinical Psychologist and Professor of Dementia Care at Bradford Dementia Group.

Jan is a clinical psychologist whose work has touched on cultural and religious aspects of bereavement, through clinical practice with older people experiencing grief in the multi-cultural context of Birmingham, through supervision of dissertations on cultural aspects of grief and through participation in a British Council collaboration with colleagues at Government College, Lahore, Pakistan.

Plenary 5 & Workshop 2 – Jan Fish Bereavement Service Coordinator, St Christopher’s Hospice

Jan is an accredited counsellor whose role includes the training and supervision of volunteers. Before joining St Christopher’s hospice she managed the City & East London Bereavement Service at Bart’s and the London NHS Trust, having wide experience in the provision of bereavement support in hospice, community and acute settings. She is also a Lecturer on the Foundation Degree in Psychodynamic Counselling and C.B.T at Birkbeck College University of London. Jan’s particular interests are grief and bereavement, brief psychodynamic therapy, couples counselling and how counselling can enable meaning making. Jan is currently working on a PhD in Palliative Care at Lancaster University

Workshop 1: Tania Brocklehurst (MBACP accred.) and Clare Hearnshaw

Tania has been working for 10 years as an integrative counsellor, and has been in post for the last 5 years at the Hospice of St Francis in Berkhamsted, Hertfordshire as their bereavement services coordinator.

Clare has been working as a nurse in cancer and palliative care for 17 years in a variety of settings including hospice, community and within hospital teams. She has recently completed her MSc in Advanced Nursing Practice (cancer) at Kings College London and currently works as Lead Nurse for Palliative Care in Luton working across community and the Luton and Dunstable University Hospital.

In 2010 Tania and Clare agreed to co-chair the Mount Vernon Cancer Network bereavement group with the belief that their experience from the NHS and charity sector combined would assist with the group's development of best practise documents such as a pathway, assessment tool, bereavement directory and education package.
Workshop 3: Louise Winterbottom, Senior Palliative Care Social Worker, St. Joseph’s Hospice

Louise currently works as a senior social worker within a palliative care team based in St Joseph’s Hospice, London. She has worked within health and social care as a manager of supported living units for people with learning disabilities and as a social worker in a variety of health related statutory settings. She has studied social work and social policy to Masters level both in the UK and under the Erasmus scheme in the Netherlands. In addition to her role within palliative care she also works part-time as Associate Lecturer or Practice Assessor for several universities. She sits on the User, Carer and Practitioner Reference Group for the School of Social Care Research at the London School of Economics. Her knowledge and interest in regard to issues relating to informal or family carers became more acute following her experience as a full time carer for her father.

Workshop 4: Jonathan Sharp, Hospice Chaplain & Spiritual Care Coordinator, Kirkwood Hospice, Huddersfield

Jonathan began working life as a Biomedical Scientist in Merseyside and West Lancs, specializing in Clinical Chemistry and then left the NHS after 9 years to train for ministry in the Methodist Church at Birmingham and study theology at Birmingham University. He has served churches in Cheshire and West Yorkshire and has engaged in chaplaincy roles in primary, secondary and tertiary education, prisons, and social care settings. He was appointed Trust Chaplain to MidYorkshire Hospitals NHS in March 2007; gained a Post Graduate Diploma in Social & Healthcare Chaplaincy at Leeds Met in 2012 and was then appointed to Kirkwood Hospice in September 2012. Jonathan has decades of experience in creating and delivering learning opportunities in subjects as diverse as public speaking, child protection and grief and loss. He is also a published poet, drama practitioner, singer/songwriter.

ABS-Co Conference workshops

Workshop 1: “Range of Response to Loss Bereavement Self Assessment (RRL BSA)- a tool fit for purpose”
Tania Brocklehurst: Clinical Bereavement coordinator at the Hospice of St Francis, Berkhamsted, Co-Chair of the MVCN Bereavement Group and Clare Hearshaw: Macmillan Lead Nurse for Palliative Care, Co-chair of the MVCN Bereavement Group
The development of the Range of Response to Loss Bereavement Self Assessment (RRL BSA) between the Mount Vernon Cancer Network (MVCN) and Dr Linda Machin has been a collaborative piece of work. It has produced a self assessment bereavement tool from which the bereaved person can identify their own ‘range of response to loss’ and determine whether further support is required. The tool was developed, piloted, and continues to be evaluated by crosscutting organisations within the MVCN from the NHS, charitable and voluntary sector. The RRL BSA is currently being rolled out as part of a bereavement education package across the network. This workshop introduces the use of the RRL BSA and associated documents.

Workshop 2: “Training Bereavement Counsellors to work with the many costs and opportunities of bereavement using Dimensions of Loss”
Jan Fish, Bereavement Service Coordinator, St Christopher’s Hospice
How can working with loss & bereavement contain and encompass competing models of counselling and therapy? How do we help our volunteer counsellors to focus on loss and bereavement? What can we offer them in training to help them stay with this specialism?
This workshop will present an approach to training volunteer bereavement counsellors. There will be video examples to highlight approaches using nine dimensions of loss.

Workshop 3: “How long will this go on? The less visible costs to bereaved carers”
Louise Winterbottom, Senior Palliative Care Social Worker. St Joseph’s Hospice
The aim of this workshop is to explore the immediate and longer term ‘costs’ faced by bereaved carers using established research and the personal experiences and professional perspectives of the presenter. The session aims to utilise the knowledge and skills of those attending and will conclude by looking at how and where people can be helped to address their broader range of needs.

Workshop 4: “Pounds feelings and senses: the spiritual cost of bereavement”
Jonathan Sharp, Chaplain, Kirkwood Hospice, Huddersfield
The Spiritual Cost of bereavement is not payable on easy terms, somehow cost is spread in ongoing and irregular payments. When we meet bereaved people are we able to read their spiritual language and hear their tunes and recognise what they present? Each of us has a spirituality - what makes me me, and you you. How may we be gentle with the pounded? How may we be in touch with their feelings? How may we connect with their sense of present reality?
This workshop will be interactive, creative and sentient...

Please indicate your workshop preference when booking on the online booking form. Workshops will be allocated on a ‘first come first served basis’ and you will be notified when registering at The conference venue of your allocated workshops.
How to find the conference venue:

From the M1 Northbound (M62 Westbound Junction 29 & M621)
After the junction with the M62 the M1 becomes the M621. Continue on the M621, exit at Junction 2 and keeping to the left lane follow the signs for A58/Wetherby/York.

Continue along this road (A643) and pick up the signs for the Airport. Follow the Airport signs until you join the A65 Ilkley/Skipton road out of Leeds. Continue for five miles passing Kirkstall Abbey on your left until you meet the Leeds Outer Ring Road (A6120) at a large roundabout with the Esso Garage on your right.

Take the 3rd exit off this roundabout onto the A6120 heading towards York. Continue along this road until you reach a set of traffic lights. The College is signposted here. Turn left into Fink Hill. Continue for one mile to arrive at a roundabout. Take the 2nd exit onto Brownberrie Lane and Leeds Trinity is located on the left approximately half a mile along this road.

From the M62 Eastbound
Leave the M62 at junction 26 to join the M606 towards Bradford. At the terminus roundabout of the M606 take the 4th exit to join the A6177 Bradford Ring Road towards Leeds/Bradford Airport. Continue over two roundabouts and at the junction with the A647 turn right towards Leeds.

Proceed on the A647 to the roundabout junction on the Leeds Ring Road and turn left onto the A6120. Continue straight over a further two roundabouts and at the traffic lights turn left onto Fink Hill. Continue for one mile to arrive at a roundabout. Take the 2nd exit into Brownberrie Lane and Leeds Trinity is located on the left approximately half a mile along this road.

From the A1 (&NE) Southbound
Leave the A1 at Wetherby to join the A58 to Leeds. On reaching the A6120(Ring Road) turn right and continue over three roundabouts. At the fourth roundabout turn right (notice the college signpost) onto Low Lane. Continue to a T junction (Horsforth Station entrance faces you).

Turn left to reach a roundabout. Take the 3rd exit onto Brownberrie Lane and the college is located on the left approximately half a mile along this road.

From Leeds City Centre
Follow the Airport signs onto the A65 Ilkley/Skipton road out of Leeds. Continue for five miles passing Kirkstall Abbey on your left until you meet the Leeds Outer Ring Road (A6120) at a large roundabout with the Esso Garage on your right.

Take the 3rd exit off this roundabout onto the A6120 heading towards York. Continue along this road until you reach a set of traffic lights. Leeds Trinity is signposted here. Turn left into Fink Hill. Continue for one mile to arrive at a roundabout. Take the 2nd exit onto Brownberrie Lane and the college is located on the left approximately half a mile along this road.

By Train
Horsforth Station is on the Leeds to Harrogate line. Alternatively you may wish to take a taxi from Leeds Station.

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Tel: 0113 2837209
http://www.leedstrinity.ac.uk/

Additional Overnight accommodation may be booked direct with Leeds Trinity University at a cost of £35.00 pn by calling the telephone number above.